CHESSWOOD INCOME FUND ANNOUNCES INCREASE IN MONTHLY DISTRIBUTIONS

TORONTO, January 19, 2010 - Chesswood Income Fund (TSX:CHW.UN) is pleased to announce an increase in its monthly distributions to $0.035 per unit commencing with the January 2010 distribution.

In accordance with the Fund's distribution policy adopted in August 2008, the trustees of the Fund set monthly distribution levels on a quarterly basis.

The January 2010 distribution will be payable to unitholders of record at the close of business on January 31, 2010 and will be paid on February 15, 2010.

About Chesswood Income Fund

Chesswood Income Fund is a financial services trust with operating businesses in both Canada and the U.S.

For more information visit www.ChesswoodFund.com.

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